

Supporting social and emotional wellbeing in the early years

Early Years Environment Checklist

Is this a place where ...?	How do you know? What do you see?	How can it be improved and developed?
<ul style="list-style-type: none"> • There are clear routines and boundaries in place • There are visual reminders and photographs of the nursery rules and routines on display? <p>Note: One set can be displayed in the appropriate areas and one set can be made into a book to refer to with the children.</p>		
<p>The children are supported to learn and follow the routines?</p>		
<p>The adults model routines and use positive language to support the children to make choices?</p> <p><u>For example:</u> "Where should you be?"</p>		
<p>The outside area is used as much as possible allowing free access throughout the sessions?</p>		
<p>The children are encouraged to make independent choices throughout the session?</p>		

Is this a place where ...?	How do you know? What do you see?	How can it be improved and developed?
<p>The children are given helpful feedback about their efforts and achievements?</p> <p><u>For example:</u> catching the children 'doing the right thing' and using positive praise as much as possible.</p>		
<p>The children are given time to prepare for transition times throughout the day?</p> <p><u>For example:</u> using a five minute warning showing a sand timer to prepare to finish activity.</p>		
<p>The children are respected and encouraged to build warm and trusting relationships and show sensitivity to the needs and feelings of others?</p>		
<p>The children are supported and encouraged to develop a positive sense of their own identity, culture and self-image?</p>		
<p>The children are given time and space to explore, observe, experiment, question, and develop their own interests?</p>		
<p>The physical and mental well-being of children and staff is considered and supported throughout the setting?</p>		